

Grief & Bereavement Services

Bereavement Support Provided for individuals (children, teens and adults) & families .

Bereavement Education Services Presentations for schools, agencies and businesses.

ADULT Groups

Comfort Café A weekly drop-in group for those who are experiencing the death of a loved one.

Finding Our Way A weekly drop-in group for those experience the death of a spouse/life-partner.

CHILDREN & TEEN Groups

Wings for grieving children A chance for children to participate in a variety of activities designed to support their grief journey. **Who cares? for grieving teens** A peer support group for grieving teens aged 13- 17 years. **A concurrent informal session is offered for parents & caregivers of children & teens.**

Grief Busters Summer Day Camp For kids who have had a family member die or who is terminally ill.

School Support One-to-one and group support for students, staff and families before or after a loss.

Adult clients are also welcome to attend yoga, meditation and other wellness programs.

REGISTRATION IS REQUIRED. All programs are offered free of charge. Donations always appreciated.

FOR INFORMATION:

phone 905-727-6815 x26

email bereavement@hospicekingaurora.ca

