

Wellness ... Virtually Picking Up The Pieces

How do you move forward with your life after being affected by cancer?



We've adapted our popular wellness program to a 9-week live online format. Join others for an opportunity to come together and share feelings, hopes and fears and receive practical tools and resources to move forward post cancer treatment.

Facilitated by Vicki Cousins

Runs Spring and Fall

To register or for information, contact Stephanie:
programs@hopehousehospice.com
or 905-727-6815 x223

All programs & services at Hope House are offered at no charge.

Donations are always appreciated.

Our professional staff and dedicated volunteers provide innovative, personalized compassionate support—at no cost—to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.

NEW ADDRESS: 15105 Yonge Street Unit 105, Aurora L4G 1M3
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