



*...bereavement  
support...virtually...*

# RELIEF ROOM

## BEREAVEMENT GROUP FOR TEENS



A safe, confidential, non-judgmental space for teens aged 13-17 to share their experiences, thoughts and feelings about their special person through open, honest conversations. A mutually supportive, expressive, learning environment.

Bi-weekly drop-in group,  
alternating Mondays  
@ 6:00-7:30pm via Zoom

For information, please contact our Intake Coordinator Georgina:  
[programs@hopehousehospice.com](mailto:programs@hopehousehospice.com) or 289-221-1355

All programs & services at Hope House are offered at no cost. Donations are always appreciated.

During COVID-19, we are pleased to offer a variety of virtual wellness and bereavement support groups, counselling, system navigation & more.

Our physical offices are closed & face-to-face group programming has been suspended, however we continue to be here for you!