## Monthly Wellness Drop-in Group

## cancer support for women



This monthly gathering offers a warm and engaging space for women navigating a cancer diagnosis to come together and huddle up for peer support and connection.

3rd Monday of the month @ 10:30am-12 noon at Hope House Richmond Hill Jan 20, Feb 10, Mar 17, Apr 21, May 19 & Jun 16, 2025

To register or for information, contact Nicki wellness@hopehousehospice.com or 905-727-6815 x227

If you are **new to Hope House**, contact Stephanie: programs@hopehousehospice.com or 905-727-6815 x223

All programs & services at Hope House are offered at no charge.

Donations are always appreciated.

Our professional staff and dedicated volunteers provide innovative, personalized compassionate support—at no cost—to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.

> Main Office: 350 Industrial Pkwy South, Aurora L4G 3V7 Second Location: 212-10909 Yonge Street, Richmond Hill L4C 3E3

905-727-6815 www.hopehousehospice.com

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