

NEW: 8-week bereavement group

TRANSITIONS

transitioning together
with grief



This 8-week group offers guided sessions to discuss elements of grief, explore, process and reflect on experiences along your grief journey.

TRANSITIONS is geared towards those who are new to group grief support.

Thursdays@ 2:30 - 4:30pm
April 11 to May 31, 2024
in person at Hope House Aurora
350 Industrial Parkway South

Note: Registration is required as this is not a drop-in group

Professionally facilitated by:
Lilly Singh, Coordinator of
Bereavement Programs
&
Pat Richards, Bereavement
Group Facilitator

To register or for information, contact Lilly
l.singh@hopehousehospice.com
or 905-727-6815 x226

If you are **NEW** to Hope House, contact:
programs@hopehousehospice.com
or 905-727-6815 x223

All programs & services at Hope House are offered at no charge.

Donations are always appreciated.



Our professional staff and dedicated volunteers provide innovative, personalized compassionate support - at no cost - to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.

Main Office: 350 Industrial Pkwy South, Aurora L4G 3V7
Second Location: 212-10909 Yonge Street, Richmond Hill L4C 3E3
905-727-6815 www.hopehousehospice.com 2024-03-13