

Adult Bereavement Group

Transitions



8-Week Group
by registration, in person

This 8-week group offers guided sessions to explore, process and reflect on experiences along your grief journey.

Facilitated by Lilly and Maria – Registration Required

To register or for information, contact Maria:
m.carbajal@hopehousehospice.com
or 905-727-6815 x 226

New to Hope House? Contact intake:
programs@hopehousehospice.com
or 905-727-6815 x 223

All programs and services at Hope House are offered at no charge.
Donations are always appreciated.

Our professional staff and dedicated volunteers provide innovative, personalized compassionate support – at no cost – to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.



Community
Hospice

15105 Yonge Street Unit 105
Aurora, ON L4G 1M3
905-727-6815
www.hopehousehospice.com