



grief support...virtually...

Touchstone Bracelet Workshop

Monday
Sep 26, 2022
@ 7:00 - 8:30pm
via Zoom

Join Hope House Counsellor Annette Newton as she leads a guided session to engage in reflection and self-inquiry, while creating your own beaded touchstone bracelet. You will select beads to symbolize your special memories and feelings on your journey through grief. Creating your personal bracelet will help you to connect with your loved one and serve as a touchstone for hope and healing to carry with you wherever you go.

To register or for information contact Suzie:
s.quan@hopehousehospice.com or 905-727-6815 x226

If you are new to Hope House, contact Georgina:
programs@hopehousehospice.com or 905-727-6815 x223