

Bereavement Support

Harvesting Hope: An Autumn Retreat for Women in Grief



Saturday, October 3rd, 2026

10:00am - 4:00pm, in person

Join us for a day of reflection, connection, creativity, and healing in a warm and supportive environment. Through guided activities, gentle movement, aromatherapy, art, and meaningful conversation, participants will explore how to continue navigating their grief journey with courage and hope. Together, we will create space for remembrance, self-care, and connection with others who understand the experience of loss.

Facilitated by The Bereavement Team

Free - Registration Required - Lunch & Refreshments Included

hope
house

Community
Hospice

To register or for information, contact Maria
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or 905-727-6815 x 226