



**Our Vision:** A community where no one journeys alone through illness or loss.

**Our Mission:** Our professional staff and dedicated volunteers provide innovative, personalized compassionate support, - at no cost - to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.

## Our Impact:

Our dedicated Hope House team of staff, volunteers & facilitators provided:

 12,466 Client Interactions


 500 Clients Supported

 over 7,000 Volunteer & Facilitator Hours

Some of the programming included...

 128 Bereavement Group Sessions

 172 Wellness Group Sessions

 311 Counselling Sessions

 over 1,100 Meal Deliveries/Wellness Checks



Volunteers Karen, Sandi, Suzanne, Laurie & Joy assembling Baskets of Hope



Volunteers Danielle & Linda on Meal Delivery Day

### CLIENT IMPACT

#### BEREAVEMENT GROUP CLIENT

*"To hear how others are trying to cope made me feel that the earth was beneath my feet."*

### CLIENT IMPACT

#### CAREGIVER CLIENT

*...the Mindfulness Group was "perfect for my anxiety in dealing with my mom who is palliative."*