

# MONTHLY Expressive Arts Series

# MAKING MEANING



3rd Friday of the Month  
@ 10:30am-12:30pm  
at Hope House

Join us for a new program focused creating a personal legacy and exploring what makes for a meaningful life. Through the use of expressive art mediums and modalities, this session offers opportunities for sharing stories, reflection and connection with others. Explore what a life well lived looks like for you!

**Facilitated by:**  
**Elena Kolnik, Art Therapist**

To register or for information, contact Nicki:  
[wellness@hopehousehospice.com](mailto:wellness@hopehousehospice.com)  
or 905-727-6815 x227

If you are **new to Hope House**, contact Intake  
[programs@hopehousehospice.com](mailto:programs@hopehousehospice.com)  
or 905-727-6815 x223

All programs & services at Hope House are offered at no charge.

**Donations are always appreciated.**



Our professional staff and dedicated volunteers provide innovative, personalized compassionate support—at no cost—to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.

NEW ADDRESS:

15105 Yonge Street Suite 105, Aurora, ON L4G 1M3

905-727-6815 [www.hopehousehospice.com](http://www.hopehousehospice.com)

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